

# **Extracurricular Activities**

## **Frequently Asked Questions...**

### ***How can my freshman get involved at NCHS?***

Your student can obtain information about activities and clubs in the Student Activities Office. The telephone number is 420-6649.

### ***Are there intramurals at the school?***

Yes there are. Currently, Intramural Ultimate Frisbee, Basketball, Bowling, Volleyball and Wiffleball are offered. Intramurals are before school beginning at 6:30am. See the Redbook for a complete listing.

### ***Are students from other schools allowed at school dances?***

Yes they are. But for our formal dances, such as Homecoming and Prom, your student must obtain a Guest Pass for his/her date prior to purchasing tickets. Guest passes can be found in the Red Book and outside the Student Activities office. Guests age 21 and older are not allowed.

### ***May parents attend school assemblies or dances?***

Please call the Student Activities Office about the event that you would like to attend at 420-6649.

### ***Where can I purchase Naperville Central shirts, caps, etc?***

Redhawk apparel can be purchased through the Athletic Booster Club. Items are sold at most home sporting events and in the Commons during Open House and Parent/Teacher Conferences. Spirit wear is not coordinated by the Students Activities Office.

### ***Where can I buy tickets for athletic events, plays, musicals and the Drum Show?***

In general, tickets are sold at the door. The Athletic Booster Club sells season passes that include admittance to all home regular season games. Tickets for certain athletic events, such as IHSA state playoffs, may be purchased in advance in the Athletic Director's Office from 8 a.m. – 3 p.m. For more information, call the Athletic Office at 420-6444.

Advance tickets for plays, musicals, are available at a special sales table at the front door and drum show are available at the ticket office located in the Commons during the lunch hours from 10:30 a.m. to 1:30 p.m. during the week prior to the performance and at the door.

### ***Will my student-athlete be subject to random testing for steroids and performance-enhancing dietary supplements?***

Yes, no student-athlete may participate in IHSA state series competition unless the student and the student's parent/guardian consent to random testing.

## FATHER/DAUGHTER DINNER DANCE AND MOTHER/SON BRUNCH

The **Father/Daughter Dinner Dance** is held in January and is sponsored by the Home and School. Announced in the *Central Scenes School Newsletter*, this highly popular event sells out quickly so girls are encouraged to organize tables of 5 couples (daughter/dad) and come with all checks to reserve an entire table at a time. Parent volunteers sell tickets in the Commons during lunch periods.

The **Mother/Son Brunch** is also sponsored by the Home and School. Held about the same time of year as the Father/Daughter Dinner Dance, it is announced in the *Central Scenes School Newsletter* and tickets are sold in the Commons during lunch periods.

## SENIOR CLASS PARTY

The Senior Class Party is an all night party **given by the senior parents to the senior class**. Planning begins the year before the party. All parents are encouraged to participate in the planning, decorations and/or working the night of the party. Information is mailed to each student in the fall before the party. As the party date draws closer, subsequent mailings will include pertinent details such as payment information, the need for a baby picture and a current picture of your student to name a few.

## SCHOOL SPONSORED DANCES

***There are three school sponsored dances held each year –***

Homecoming                  Winter Dance                  Prom

## DANCES – REGULATIONS

1. All rules and regulations regarding behavior during the school day will be in effect for all dances held both on and off campus. These regulations are in effect both in the facility where the dance is being held and in the parking area. This includes normal penalties for use of drugs and/or consumption of alcohol prior to and/or during the dance.
2. A time will be set for each dance after which students will not be allowed to enter.
3. Students will not be allowed to leave and re-enter the dance at any time.
4. We encourage all students to remain for the entire dance.
5. All dances held at N.C.H.S. will conclude no later than 11:00 P.M. Rides should be here at that time. Phones will not always be available.
6. Appropriate attire should be worn at all dances. Each type of dance may require different attire. For example, shorts would be appropriate for an informal dance but not for semiformal or formal dances.
7. Students will not perform any dances or activities that threaten the safety of others.
8. If Prom is on a school day, students must be in attendance for the full day's schedule in order to participate.
9. No excused absences will be permitted on the Friday before a Saturday prom or on the school day following the prom.
10. Waiver for non-NCHS students to be completed prior to the dance on a one person equals one guest basis. Eight graders may not be guests nor may guests be 21 or older.
11. Students may sign up for pre-dance photos at the time of ticket purchase. Pre-dance photos are usually taken between 5 – 6:30 p.m. for Homecoming and Winter dances.

## **Formal Dance Attire:**

### **Women's Attire:**

1. Can I wear a dress that has Spaghetti Straps? Yes, formal wear with spaghetti straps is acceptable at all NCHS sponsored dances.
2. Can I wear a strapless dress? Yes, provided that it is modest, covering your body, and not too revealing.
3. Can I wear a two-piece dress? Two piece dresses that show midriff or gap at the sides, belly, or hip line are not allowed. If you can find one that doesn't gap, you may wear it to the dance.
4. Can I wear a backless dress? Low-cut or backless dresses are not allowed. A dress that has a cut out scooped section in the back is permitted as long as it doesn't extend beyond the mid-back.
5. Can I wear a short dress? Short dresses are permitted as long as they are not shorter than the mid-thigh. The majority of students choose to wear long formal gowns to Prom. Homecoming and Winter Dance dress lengths vary according to individual taste.
6. What additional guidelines exist? Dresses that expose the bust line from the front, sides, or back view are not allowed.

### **Men's Attire:**

1. Can I dance in my undershirt? Men are expected to wear their dress shirt for the duration of each formal dance. No sleeveless t-shirts may be worn without proper outer attire.
2. Can I wear shorts or jeans? Shorts and jeans are not allowed at formal dances. Dress pants and a dress shirt are required. Students wearing jeans and t-shirts only will not be permitted entry to the dance.
  - Students who are deemed by the administration to be improperly dressed will be asked to leave the dance. If you have questions about the expected attire, please ask a dean in advance of the event.
  - NCHS formal dances are very classy events. Students and staff work hard to maintain high and appropriate standards of dress and behavior. Your cooperation is appreciated to make each event a memorable one for all.

## **NAPERVILLE CENTRAL ATHLETICS INFORMATION**

Below is important information for those students who decide to try out for an athletic team at NCHS:

- **Parent permission forms:** parent permission forms are available during the summer in the main office of the school or in the athletic office. The forms (blue for boys and pink for girls) are filled out once each year. All information must be provided. Athletes who plan to participate in two or more sports should check the appropriate sports; however, the athlete should visit the athletic office prior to each season to inform the office that they are going to participate. **Incoming freshmen** should turn this form in to the athletic office (with a **copy** of their school physical and the proper athletic fee). **Do not mail or turn in these forms with registration materials. Forms for fall athletics may be turned in at the Athletic office.**
- All students who participate in athletics must have a physical on file in the athletic office. Physicals are valid for one calendar year. They must be renewed each year. As stated above, incoming freshmen may use their school physical forms. The physical must state that the student is cleared to participate without restrictions in athletic competition.
- **Participation fee:** Students involved in athletic programs must pay a participation fee, which is set by the Board of Education. For non-cut sports, fee will be collected at the time the parent permission form and physicals are turned in to the athletic department; fees for cut sports will be collected after teams have been selected.
- **Yellow card:** Students will receive a yellow card after turning in the parent permission form, a copy of a current physical and the athletic fee. The card must be presented to the coach on the first day of participation.
- **Academic requirements:** All incoming freshmen are academically eligible to participate. Students must be passing four classes and not failing two or more classes each week of the season. Students deemed ineligible will not be able to participate for one week (Sunday to Sunday) and must correct the academic problem in order to be eligible to participate the following week.
- **Sports awards nights:** Check with the coach for award night dates.

For more information or questions regarding The Athletic programs at Naperville Central High School, please call the Athletic Office, or see your student's Red book or check the website <http://www.naperville203.org/central>.

## ATHLETICS - First Try-Out Dates

### FALL:

August 12, 2009: Football  
Boys Soccer  
Boys & Girls Golf

August 12, 2009: Boys & Girls Cross Country  
Girls Swimming & Diving  
Girls Tennis  
Girls Volleyball

November 2, 2009 Girls Basketball

### WINTER:

November 9, 2009: Boys Basketball  
Girls Gymnastics  
Wrestling

November 23, 2009: Boys Swimming & Diving

### SPRING:

January 19, 2010: Boys Track & Field  
Girls Track & Field

February 15, 2010: Boys Gymnastics

March 1, 2010: Badminton  
Baseball  
Softball  
Boys Tennis  
Boys & Girls Water Polo  
Girls Soccer

March 8, 2010: Boys Volleyball

For a complete athletic schedule for 2009-2010, log on to [www.athletics2000.com/napervillecentral](http://www.athletics2000.com/napervillecentral).

## **Students, High School Co-Curricular Participation Code**

The Superintendent, using input from coaches and sponsors of high school co-curricular activities, students and parents of students involved in high school co-curricular activities, athletic directors and deans of student activities, shall develop a Co-Curricular Participation Code (“the Code”) for all participants in co-curricular activities. The Code shall be subject to Board of Education approval. The Code should provide and give notice to participants that failure to abide by the Code could result in their suspension from co-curricular participation for up to one calendar year.

Annually, coaches and sponsors of all co-curricular activities shall review the Code with participants and provide participants with a copy of the Code.

### **HIGH SCHOOL CO-CURRICULAR PARTICIPATION CODE**

#### **General Information**

This information shall be considered the High School Co-Curricular Participation Code and is prepared for the benefit of prospective and current students at District 203 high schools and for their parents. In addition to the Code, there are other requirements and commitments that are asked of participants. They will be made known to the participants by school staff members and/or school announcements. Where applicable, the District 203 Discipline Policy (See Board Policy 7.190) and Illinois High School Association requirements, as published, must also be met. Parents, as well as sponsors, are expected to be responsible for requiring that their participants adhere to the Code. The Code is in effect at all times, 12 months a year, in season or out of season, whether school is in session or not.

Please note: All co-curricular participants and their parents are expected to sign the co-curricular participation code. This is included at registration. Failure to sign the co-curricular participation form does not exclude you from being held accountable for the Code.

Parents and family members are expected not to host a party for high school students at which illegal consumption of alcohol and/or use of controlled substances, steroids, or look-alike drugs occur.

#### **Philosophy**

The Co-curricular activities in District 203 high schools are organized to allow for the fullest possible participation for those students willing to make a definite commitment to co-curricular activities. Participating in co-curricular activities is viewed by District 203 high schools as a worthwhile endeavor to enhance adolescent development. Participation in co-curricular activities is a privilege and, as such, carries certain expectations. Co-curricular means all activities, inclusive, offered by District 203 high schools in addition to the curricular offerings. The important goals of the co-curricular activities are to offer participants direction in developing healthful living habits, discipline, leadership, teamwork, citizenship skills, and respect for structure, rules, and responsibilities. It is to these ends that a “Code” is established for those students choosing to take part in the co-curricular activities program. Every student who chooses or is chosen to be a participant in a co-curricular activity will be offered the opportunity to practice, and whenever possible, to participate in events, contests and activities relative to their demonstrated abilities.

Important advantages of individual initiative, character, and teamwork can be developed only when there is team cooperation with established procedures. Team success without such cooperation is deemed impossible. No attempt to infringe on a student’s individual rights is intended, and such standards are applied on participants with the knowledge and recognition that the established goals of character development, team spirit and morale and success cannot be achieved by any other alternative.

#### **Participation Fee**

The Board of Education annually establishes a fee assessed to each participant in most co-curricular activities.

## Rules for Co-Curricular Participation

Participants in co-curricular activities in District 203 will be obligated to observe the District 203 Discipline Policy as well as the following established requirements.

Participants must refrain from:

1. Possession, consumption, purchase or sale of tobacco products.
2. Possession, consumption, or purchase of alcohol. Possession is also considered to be any presence while illegal transportation is taking place.
3. Possession, consumption, or purchase of controlled substances, steroids, look-alike drugs or related paraphernalia. Possession is also considered to be any presence while illegal transportation is taking place.
4. Theft, possession of stolen property, or vandalism.
5. Acts of violence, or other illegal acts in this or any other jurisdiction. The Discipline Code, Board Policy 7.190, prohibits specific acts of violence such as demonstrating aggressive behavior, fighting and physical assaults. Significant acts of violence within these categories as determined by school administrators can result in from a step 1 to a step 3 consequence.
6. Attending a function where there is illegal consumption of alcohol, use of controlled substances, steroids, or look-alike drugs. (See Attendance under 1<sup>st</sup> Offense)
7. Sale, distribution of, or providing location for the illegal consumption of alcohol, steroids, or controlled substances. (Such a violation will carry a 3<sup>rd</sup> Offense consequence)
8. Driving under the influence of alcohol or controlled substances.  
(Based on zero tolerance for use, such a violation will carry a 3<sup>rd</sup> offense consequence.)
9. Hazing in any co-curricular activity or any school program. (See Discipline Code in Board Policy 7.190) High School Administration (Deans, Athletic Director, Activities Director, Principal) to clarify in advance any practice or behavior. A statement exists at the District level that clarifies unacceptable behavior.
10. Harassment in any co-curricular activity or school program. (See Discipline Code in Board Policy 7.190) Building Administration (Deans, Athletic Director, Activities Director, Principal) to clarify in advance any practice or behavior. A statement exists at the District level that clarifies unacceptable behavior. (Ref. Admin. Reg. #7.20R)
11. Maintaining or being identified on a blog site which depicts illegal or inappropriate behavior will be considered a violation of this code.

NOTE: Violations of the above are considered together in terms of determining 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> offenses, and are cumulative over a student's high school career.

### DISTRICT 203 CONSEQUENCES FOR CO-CURRICULAR PARTICIPATION CODE VIOLATIONS

#### a. 1<sup>st</sup> Offense

Suspension from co-curricular participation for the number of regularly scheduled contests listed in Table I, Column 1 and/or the activity participation listed in Table II, Column 1. (Please refer to Adm. Reg. 7.240 for these tables.)

**Carry Over:** If the season for a co-curricular activity does not allow the participant to successfully complete the suspension, the suspension will carry over to the next season in which participation occurs. No awards for such participant will be given until the suspension is completed. The participant may be required to practice with his/her team during this period of suspension.

**Self Admission:** Self-admission of any behavior that could be construed as a violation of the Code without the knowledge of civil or school authorities may result in the consequences for a 1<sup>st</sup> Offense being waived. The purpose of this option is to provide a mechanism in which the participant can receive assistance.

Consumption: An assessment will be required of all 1<sup>st</sup> offense violations. The assessment program must be approved by the school's SPS Coordinator and the results of the assessment will be released to the SPS Coordinator. Failure to obtain an assessment will result in continued suspension from the activity for up to one calendar year.

Attendance: A participant who violates 6 above and for whom there is deemed sufficient proof of non-use, shall be suspended for one contest or one week, whichever ever is appropriate, for the sport/activity.

A 2<sup>nd</sup> attendance offense has the same consequence as a 1<sup>st</sup> offense involving consumption.

**b. 2<sup>nd</sup> Offense**

Suspension from co-curricular participation for the time listed on Table I, Column 2, or Table II, Column 2 of the next regular season of participation, or the current season. The participant may be required to practice/meet with his/her activity during this period of suspension. (Please refer to Adm. Reg. 7.240 for these tables.)

Before regaining eligibility from a 2<sup>nd</sup> offense violation, participants must arrange for and hold a meeting involving the participant, parent(s) and the administrator overseeing the program. The purpose of this meeting will be to discuss efforts undertaken by the student and family to correct problems. Failure to hold such a meeting will result in continued suspension from the activity for up to one calendar year.

If less than half of the regular season remains, this will result in dismissal from the team or activity. Participant may not compete or practice and will receive no school award. The participant will remain suspended from interscholastic competition or activity season for the balance of the suspension remaining from the season during which the violation occurred.

**c. 3<sup>rd</sup> and Subsequent Offenses**

Participant is suspended from co-curricular participation for one calendar year.

Students may, at the discretion of the coach/sponsor, practice/meet with the activity only if eligibility is to be re-instated during the course of that season.

**Process of Parental Notification and Review**

Once administrators have determined that a violation has occurred, the parents of the student involved will be notified orally or in writing. The parents have a right to have the decision reviewed by the high school principal, whose determination is final.

LEGAL REF.: Clements v. Board of Education of Decatur, 478 N.E.2d 1209 (4th Dist. 1985).  
105 ILCS 5/24-24 and 5/34-84a.

CROSS REF.: 6:190, 7:190 (student discipline)

ADOPTED: October 7, 1996

Revised November 15, 2004

May 16, 2005

May 15, 2006, April 21, 2008

**TABLE I –ATHLETICS**

<b>SPORT</b>	<b>1<sup>st</sup> OFFENSE CONTEST SUSPENSIONS (1)</b>	<b>2<sup>nd</sup> OFFENSE CONTEST SUSPENSIONS (2)</b>
Boys Baseball	8	18
Boys Basketball	4	11
Boys Cross-Country	4	8
Boys Football	2	5
Boys Golf	4	8
Boys Gymnastics	4	8
Boys Lacrosse	4	10
Boys Soccer	4	9
Boys Swimming	4	7
Boys Tennis	4	9
Boys Track	4	9
Boys Volleyball	4	11
Boys Water Polo	6	15
Boys Wrestling	4	9
Girls Badminton	4	8
Girls Basketball	4	11
Girls Cross Country	4	8
Girls Golf	4	8
Girls Gymnastics	4	8
Girls Lacrosse	4	10
Girls Soccer	4	9
Girls Softball	8	18
Girls Swimming	4	7
Girls Tennis	4	9
Girls Track	4	9
Girls Volleyball	4	11
Girls Water Polo	6	15

**Table II - ACTIVITIES**

<b>VIOLATION PENALTY FRAMEWORK: TIME</b>		
<b>ACTIVITY</b>	<b>1<sup>st</sup> OFFENSE SUSPENSION (1)</b>	<b>2<sup>nd</sup> OFFENSE SUSPENSION (2)</b>
Class Boards/NN (All levels)	5 Weeks	10 Weeks
Class Councils/NC (All levels)	5 Weeks	10 Weeks
Chess Club	5 Weeks	10 Weeks
Foreign Language Clubs	5 Weeks	10 Weeks
Intramurals	5 Weeks	10 Weeks
Horticulture Club	5 Weeks	10 Weeks
Pep Club	5 Weeks	10 Weeks
Tech Crew	5 Weeks	10 Weeks
Theatre/Drama Club	5 Weeks	10 Weeks
Investment Club	5 Weeks	10 Weeks
<b>VIOLATION PENALTY FRAMEWORK: CONTEST/PERFORMANCE</b>		
Cheerleading	4	8
Debate	2	4
Flag Corps	4	8
Pom Poms	4	8
Scholastic Bowl	2	4
Speech Team	2	4
Chamber Choir	2	4
Jazz Choir	2	4
Musical	2 (weeks)	1 (performance)
Plays	2 (weeks)	1 (performance)
Marching Band	2	4
Jazz Band	1	3
Pep Band	2	4
Jazz Combos	1	2
Small Instrumental	1	2
Ensembles	1	2
Orchesis	1	2
Multicultural Club	1	2
WYSE/JETS	2	4
Orchestra	1	3
Madrigals	2	4

**TABLE II – ACTIVITIES (continued)**

<b>VIOLATION PENALTY FRAMEWORK: SPECIFIED</b>		
<b>ACTIVITY</b>	<b>1<sup>st</sup> OFFENSE SUSPENSION (1)</b>	<b>2<sup>nd</sup> OFFENSE SUSPENSION (2)</b>
Band Activities	9 Week Restriction from Feature Soloist, Section leader, Ensemble participant, Field Officer, Band Advisory Council	18 Week Restriction from: (Same as first offense)
Math Team NNHS: Fall Season	North Suburban Math League may not practice or compete next NSML contest including conference final meets.	May not practice or compete in the next 2 NSML contests, including conference and DVC if occurs after meet 4
Spring Season:	DVC and State Math Team loss of two weeks practice, and 1 meet from NSML conference meet 5, DVC conference meet, ICTM/REG ICTM/State	Loss of 4 weeks and 2 meets
Math Team NCHS:	No DVC Contests	No ICTM Regional

**TABLE II – ACTIVITIES (continued)**

<b>ACTIVITY</b>	<b>1<sup>st</sup> OFFENSE SUSPENSION (1)</b>	<b>2<sup>nd</sup> OFFENSE SUSPENSION (2)</b>
Literary Magazine	Loss of 'credit' section inclusion	Loss of direct input/selection
Chorus	Student is not allowed to be the primary performer in a feature act for the current year.	Student is removed from a minor role in the musical in week 1, 2 or 3 of rehearsal. Beginning with week 4, student is denied the opportunity to audition for next year's show. Student is not allowed to be part of any Feature act for that school year.
National Honor Society	Official notice of 9 week probation	Removal from the organization
Newspaper	4 week restriction from: Workshops, scheduled social activity. No voice at meeting. Additional office assignment may also be assigned.	9 week restriction: all 1 <sup>st</sup> offense plus convention, loss of editor/leadership role

**TABLE II – ACTIVITIES (continued)**

<b>ACTIVITY</b>	<b>1<sup>st</sup> OFFENSE SUSPENSION (1)</b>	<b>2<sup>nd</sup> OFFENSE SUSPENSION (2)</b>
Theatre Central Plays	Loss of one: 1. Coffee Shop/Holiday Show 2. ONE Acts 3. Lock in 4. Community Players 5. Experimental Theatre	Loss of one: 1. Fall Play 2. Spring Play 3. Theatre Fest
Yearbook	4 week restriction from: Workshops, scheduled social activity. No voice at meeting. Additional office assignment may also be assigned.	9 week restriction from: all first offense plus loss of editor/leadership role
Youth & Government Legislative	Loss of Pre-Legislative I or Pre-Legislative II Assembly	Loss of Springfield
Student Government/NN Student Advisory Council/NC	5 week suspension from all related activities	9 week suspension from all related activities
Broadcast Club	5 week suspension from all related activities	9 week suspension from all related activities
First Class	5 week suspension from all related activities & removal of executive leadership role	Removal from First Class
Service Club	5 week suspension from all related activities	9 week suspension from all related activities
JKB	5 week suspension from all related activities	No JKB Jr. Day and /or Ranch

All activities added throughout the year will be modeled after parallel clubs already in existence, at the discretion of the Dean of Student Activities.

Adopted: November 15, 2004  
 Revised May 16, 2005  
 May 15, 2006  
 Reviewed: April 21, 2008

## CLUBS/ACTIVITIES

<u>Name of Activity</u>	<u>Sponsor</u>	<u>Start-Up Date</u>	<u>Requirements</u>
Anime Club	Jeromy Bentley	Sept.	None
Band Director	D.J. Alstadt	Aug.	Course enrollment
Band Assistant Director	Scott Silder	Aug.	Course enrollment
Bowling Club	Brian Dunn	Nov.	None, fee
Business Professionals of America	Jane Callahan	Sept	Sept Course enrollment
Car Club	Todd Ballard	Oct.	None
Cheerleaders – Varsity Coach	LisaXagas/Lisa Henning	Aug.	Spring tryouts
Cheerleaders – JV Coach	Amy Reuttiger	Fall	tryouts in Sept. 07/ April 08
Chess Club	Jeremy Whitt	Oct.	None
Council for Exceptional Children (CEC)	Breanne Fahey	Sept.	None
Debate – Head Coach	Randy Smith	Oct.	None
DECA – Co-Op	Katie Barry		Course enrollment
Drama (Play Director)	Tom Ulbrich	Sept.	None
Film Club	Keith Carlson	Sept.	None
Flag Color Guard	Lorenzo Medrano	Aug.	Spring Tryouts
	Amber Cotrano		
Forensics (Speech)	Kay Zorn	Sept.	Tryouts-May/Sep
Forensics – Assistant	Katie Long-Piper, Ami Kulik		
French Club	Deniece Zinnecker	Sept./Oct.	Interest in language/culture
Freshmen Class	Nick DiGiovanni	Sept.	Open to all interested freshmen
Gay/Straight Alliance	Lisa Xagas	Sept./Oct.	
	Stacey Jahnke		
Guitar Hero Club	Tom Shanoshy	Sept./Oct.	None
German Club	Kathy Betterman	Sept./Oct.	Interest in language/culture
Horticulture Club	Craig Theimer	Sept./Oct.	None
Interact Service Club	Becky Swointek	Sept.	None
Interact Service Club	Matt Gresk		
Intramural Sports	Dave Sladkey	Oct.-April	Seasonal sports/games
Investment Club (Wall St.Society)	Tony Schlorff	Oct.	Application & Interview
JETS	Jeromy Bentley	Oct./Nov.	
Junior Class	Bob Gabler		Spring elections
Latin Club	Stacey Jahnke	Oct.	Interest in language
Literary Magazine	Joanne Sapadin	Oct.	None
Math Team – Head Coach	John Wallbaum	Sept./Oct.	None – all grade levels needed
Math Team – Assistant	Scott Miller/Sharon Fisher/Marissa Rakes		
Men's Choir	Curt Parry	Sept/Oct.	None
Model United Nations	Mike Bochenski	Oct.	None
Model United Nations	Todd Holmberg/Dave Dickow		
Multicultural Club (World Unity)	Rachel Thorne/Crystal Griffith	Oct.	None
National Honor Society	Collette Henley/Linda Bennett	Sept	Invitation/Application
Orchestra Director	Lisa Antonio		
Orchesis	Lindsay Swanson	Sept.	Spring tryouts
Pom Pons –Varsity	Kristen Anderson	Aug.	Spring tryouts
Pom Pons – JV	Sarah Frantik	Aug.	
Red Rage (Pep Club)	Todd Holmberg	Aug.	None
Red Rage (Pep Club)	Eric Kaisling		
Scholastic Bowl – Head Coach	Hans Muehsler	Sept/Oct.	None – all grade levels needed
Scholastic Bowl – Assistant Coach	Matt Gresk		
School Newspaper (Central Times)	Keith Carlson	Sept.	Class enrollment, interested others
School Newspaper (Central Times)	Yael Sharon		Class enrollment, monthly mtgs.
Science, Technology, Environment Club	Mike Jarvis	Sept.	None
Senior Class	Bob Gabler	Aug.	Spring elections
Senior Class	Dorothy Jarman	Aug.	Spring elections
Sophomore Class	Jeromy Bentley	Aug.	Spring elections, open meetings
Spanish Club	Janet Everitt	Sept./Oct	Interest in language/culture
Spanish Club	Gretchen Schultz		Interest in language/culture
Steppers (Dynasty)	Lynne Nolan	Sept.	Prior dance experience helpful
Student Advisory Council (SAC)	Tom Henneberry	Aug.	Spring elections, frosh apply in fall
Student Advisory Council (SAC)	Megan Plackett	Aug.	Spring elections, frosh apply in fall
Tech Club	Nick France	Sept.	None
Vocal Music	Curt Parry	Sept.	Course enrollment
Worldwide Youth in Science /Engineering	Jeromy Bentley	late Nov.	Testing
Yearbook	Nicole Albiniak	Aug.	Course enrollment
Yearbook – Assistant	Sarah VanderSyde		
Youth & Government	Mike Bochenski/Lynne Seago	late Sept.	Application and fee
Xbox Club	Jeromy Bentley	Oct.	None
Writer's Block	Gail Dolan	Sept./Oct.	None

## **NAPERVILLE CENTRAL HIGH SCHOOL ACTIVITIES**

The Naperville Central Activities Program has over 40 activities available to you. The following activities are open to ALL students. Everyone may participate. Sponsor information is on the prior page. Most activities listed have no tryouts or competitions. They are just for fun or services to the school and community. Joining is the key to a fun year! Please contact the sponsor of the activity in which you are interested. A sampling of the kinds of projects are listed below.

**Class Councils:** Each Class Council is a group of students who represent their class during the school year. Each class has a separate council organization. The purpose of the group is to sponsor worthwhile activities designed to promote class unity and generate student participation in extracurricular activities. In addition, the group structures class participation in special events such as Homecoming, service projects, holiday season activities, and special projects designed to generate funds for future class needs. Please contact the appropriate sponsor for your class for more information. Class sponsors are:

**Freshman Class Council: Mr. DiGiovanni**

(Open membership, meets weekly)

**Sophomore Class Council: Mr. Bentley**

**Junior Class Council: Mr. Gabler & Mrs. Jarman**

**Senior Class Council: Mr. Gabler & Mrs. Jarman**

**Student Advisory Council (SAC):** The Student Advisory Council is the Student government of Naperville Central High School. Its purpose is to support and initiate new and continuing activities, to advise the Administration, and to assume the role of leadership in student activities. Freshmen can apply in November. All grade levels are represented in this one organization.

Students should see **Mr. Henneberry** or **Ms. Plackett** in the Humanities Office (room 220) or Communication Arts Office (room 300) for more information.

- Spring elections
- Meets weekly
- Survey students on issues

- Homecoming Coronation
- Blood Drive Coordinators
- Season of Giving Service Tally
- Mr. NCHS competition

**Foreign Language Clubs:** There are foreign language clubs available in Spanish, Latin, German and French. Enrollment in the language is not required. Meetings begin in late September or early October.

**Anime Club:** For students who share an interest in Japanese animated films as well as Asian culture. Meets once or twice a week after school.

**Big Buddies:** Become pen pals with autistic students and/or with students in our own district. Strike up friendships and lend a hand to younger students.

**Car Club:** The purpose of Car Club is to extend automotive knowledge beyond classes offered at NCHS. Meets bi-weekly in the auto shop. The Car Club organizes the Homecoming and Spring Car Shows.

**Council for Exceptional Children (CEC):** This club integrates special education students with our regular education students. Activities are planned so that all can enjoy! Picnics, movies, dances and bowling are just some of the fun activities that they do. All grade levels of students are invited to participate.

**Film Club:** Students watch and review films, discussing elements related to production, visual effects, story and character development, and more.

**Gay/Straight Alliance:** This group works to educate and promote tolerance and understanding among all people.

**Horticulture Club:** Students get involved in all areas of ornamental horticulture. Students may join the club at any time. See **Mr. Theimer** in room 68 for more information. Students

- work on floral design projects
- grow plants in the greenhouse
- develop landscape designs,

Meetings are once per month depending on student projects.

**Human Rights Club:** This group seeks to raise awareness of world events that affect children and people in conflicted areas. They do some fundraising events. Meets once a week.

**Interact Service Club:** This is our service organization. Projects focus on school, community, and international service projects. Interact meets weekly in the Little Theatre.

Projects include

- food and coat drives,
- Holiday Party for children in Aurora
- Leadership opportunities with local Rotarians
- Connect with many community events

**Intramurals:** The purpose of intramural sports is to give the opportunity to participate in various sports and activities. Intramural volleyball, basketball, Ultimate Frisbee, and whiffleball begin at varying times throughout the year. Cost is no more than \$10.00 per sport. Students who generate enough interest in a particular sport could lobby to have intramurals in that sport if gym space allows.

**Investment Club:** The Wall Street Society, a stock investment club is designed to increase members' skill researching, selecting, and managing a stock investment. The club will run according to the National Association of Investors Corporation principles and will be a member of NAIC. Student members will voluntarily contribute their own money, pool it together, and invest the money as a group.

- Members are interviewed for selection.
- Meets twice monthly in the evenings.

**Model United Nations:** This student forum on International Issues and Current Affairs meets twice monthly. Students prepare an international perspective on world issues and present these

ideas at the regional Model UN conference in Chicago and/or in Urbana-Champaign.

**National Honor Society:** Juniors and Seniors who have achieved a cumulative weighted grade point average of 3.75 and have demonstrated leadership and strong positive character are invited to apply in the fall. See NCHS NHS in the Co-curricular section of the Redbook for complete description.

**Red Rage:** The Pep Club provides opportunities for all students to show their spirit and pride for NCHS! Got great ideas for creating school spirit-then join us! The Pep Club sponsors

- crazy lunch activities
- decorate for athletic events
- pregame tailgate BBQs
- school spirit with the help of our Redhawk Mascot.

**Science, Technology & Environment Club:** To enrich students in areas throughout science in subjects beyond the classroom experience. Guest speakers, interesting lab opportunities and debates on current scientific topics are elements of S.T.E.C.

This club meets twice monthly.

**Newcomers Club:** The Newcomer's Club is for all students who have recently moved into the Naperville area. School Social Workers sponsor the club and help students through an adjustment period. Students learn about school culture and learn ways to connect with other students. This club meets twice a month for the first 3 months of school.

**Orchesis Dance Troupe:** Tryouts are held in the spring. Prior dance experience is needed. Orchesis will explore Classical, Modern, Jazz and Hip-Hop. Performances will include NCHS Variety Shows, Holiday Program, Fox Valley Festival of Dance, and more.

**Redhawk Readers** – This book discussion club is for students and led by students. Meets during lunch periods in the LRC on the 1<sup>st</sup> Friday of each school month starting in September. Bring your sack lunch and join the discussion!

**Tech Club:** This organization enables all levels of students to learn and develop the working of the backstage area of the Auditorium/Theatre Central. Students can get involved anytime throughout the year. No prior experience is necessary. Students will

- learn how to work with tools, lights, scenery and sound equipment.
- Take fieldtrips to Chicago-area theaters
- Help run school productions and assemblies

**Theatre Central:** The drama program opens with Coffee House in early October. Practices will begin in early September. Theatre Central meets weekly. Learn all aspects of acting and play production.

- Holiday Show
- Student Directed One Acts
- Workshops on acting
- Coffeehouse fundraiser
- Community Players Troupe
- Fall & spring plays

**Web Team:** Students interested in maintaining and expanding NCHS's presence on the internet are invited to apply for a place on the team. No knowledge of HTML or any other language is necessary! Meets weekly

- Writers, photographers, editors, and programmers are all welcome.

**World Unity Club (Multicultural):** The NCHS World Unity Club is a culturally diverse group of students attempting to bring a positive message of multicultural awareness to our school through a variety of activities. This club meets weekly. Students will

- Increase student awareness through monthly recognition of cultural celebrations
- Sponsor Multicultural show in March
- Discuss issues and educate each other about similarities and differences between cultures.

**Xbox Club:** Students who enjoy video games and challenges can stop by after school to meet others who share the same passion. Occasional tournaments are organized.

**Youth and Government:** This activity provides a "hands on" experience in the democratic process. This year-long activity is coordinated with the YMCA. The program begins in mid-September and ends in late March. Youth and Government meets weekly with NNHS students. There is a fee associated with this club. Students

- role play state legislator, attorney, media and lobbyists.
- prepare legislation, arguments for lobbies, etc.
- attend a three-day weekend in Springfield

**Art/Photography Club:** Depending on staff member availability, there is usually an art club or photography club that meets after school once a week.

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### **New Club Applications:**

**NEW**

Students interested in forming a new club must show that

- 15 people are interested in the club,
- a faculty sponsor is willing to supervise the club,
- the mission of the club is not incorporated into the mission /activities of an existing club.

New club applications are available at the Student Activities Office. Upon completion of the application, the student leader must make an appointment to meet with the Activity Director.

## **CLUBS RELATED TO BUSINESS AND HEALTH & FAMILY SERVICES COURSES:**

### **DECA, An Association of Marketing Students**

This club is for students interested in marketing, management, and entrepreneurship. DECA helps students develop skills and competence for marketing careers. Many opportunities await students including:

- ☺ Local leadership conferences and a chance to be a state and/or national officer
- ☺ Regional, state, and national competitions
- ☺ Service to our community.

It is very helpful preparing for competition if a student has taken the Marketing, Management, and/or Intro to Business courses.

### **BPA, Business Professionals of America**

The goals of this club are focused on preparing students for the business workforce through the advancement of leadership, citizenship, academic, and technical skills. Club activities include opportunities in the following:

- ☺ Local leadership conferences and a chance to be a state and/or national officer
- ☺ Regional, state, and national competitions
- ☺ Service to our community

There is a very broad range of contests in this club focusing on Accounting & Financial Skills, Administrative Support (Word Processing) Skills, Technical Skills, and Human Relations/Marketing/Management Skills.

### **Health and Human Services Internship (HERO):**

This club is related to a co-op class to allow students the opportunities to explore professions related to health and human services. Members

- elect club officers in the fall
- attend leadership events
- compete in local and regional events

## **CLUBS RELATED TO MUSIC:**

**Men's Choir:** This group meets before school and performs at concerts and at special events throughout the year. This group has grown in

popularity over the years and performs locally as well. Mr. Parry is the director of choral music and of this group.

**Vocal Music:** Interested in smaller group performances, then talk to Mr. Parry, the director of choral music. Many of the special vocal groups at NCHS are elective classes.

**Marching Redhawks:** The band has a proud and long standing tradition of excellence. The Marching Redhawks

- provide half-time entertainment at all home football games throughout the year
- competes in fall marching band festivals
- performs in the Labor Day and Memorial Day parades in downtown Naperville

**Pep Band:** This group provides entertainment and spirit for home basketball games during the year. Mr. Silder, former band major at ISU, leads this student group.

**Jazz Symphony Orchestra:** This is the "premiere" ensemble of the three jazz groups at Central. The ensemble performs at many concerts at school throughout the year and competes throughout the state. Membership is by audition only and is open to all students at Central

**Jazz Band:** This band is preparatory in nature for those students who wish to go on to become members of the Jazz Ensemble. The group performs at many school concerts throughout the year and also competes at jazz competitions throughout the state. Membership is by audition only and is open to all students at Central.

**Jazz Lab:** This ensemble serves as an introduction to the other two Jazz groups at Central. A variety of different basic jazz styles and concepts are explored. The group performs at various school functions and travels to jazz festivals during the year. No experience is necessary and no audition is required to join.

**Ensembles:** Most students who participate in band also choose to participate in an ensemble group. A range of ensembles will include Clarinet Choir to Drum Ensembles

## **THESE ACTIVITIES INVOLVE WRITING AND JOURNALISM:**

**Central Time (Newspaper):** The Central Times is Naperville Central's award-winning newspaper. The paper is totally student produced. Students, editors, and staff members determine all content, write all copy, headlines, captions, infographics and textboxes. They also design and lay out pages using desktop publishing on the MACINTOSH. In addition, they sell and design ads, partially funding the paper. Involvement in the production of the paper gives the student a total journalistic experience. While at Central, students may elect various journalism courses. Entry into Journalism Lab, the newspaper production course, is by application only. Students may also participate in the program without being in a journalism class. Sponsored by **Mr. Carlson and Ms Sharon.**

**Flight (Yearbook) Staff:** The staff gathers photographs, writes stories, and plans the layout of the yearbook. Yearbook layout is offered as an elective course through the Communication Arts Department and is open to students after their freshman year. Students interested in more information regarding the yearbook should contact **Ms. Albinia** in the Communication Arts Dept. (Office 300) or the Yearbook Office (room 316). Freshmen may participate as an after school activity.

**Literary Magazine:** The magazine staff is a group of students who are interested in publishing a literary magazine containing the writings of N.C.H.S. students. The purpose is to give interested students some experience editing other students'

writing, and to provide a forum for "creative" writing. Students may join at any time. **Sponsored by Ms. Sapadin.**

**Writer's Block:** This is a group that meets twice a month after school to review their original works of writing. Poetry, short stories, and other creative original works are discussed. One does not need to be a member of a class in order to participate.

## **THESE ACTIVITIES COMPETE AGAINST OTHER SCHOOLS:**

**Pom Pons (Arrowettes):** Poms promote school spirit and entertain at athletic events, pep rallies, and other special events. The JV and Varsity Pom squads perform at football and basketball games. Tryouts are in April. Poms also participate in Saturday competitions against other schools to qualify for state competition

**Cheerleading:** Cheerleading provides an organized means of providing support and enthusiasm for major sporting events (Football and basketball games). Tryouts are held in April for JV & Varsity. Cheerleaders also participate in Cheerleading competitions.

**Flag Corps (Spirits):** Our flag team performs at football and basketball games. There is a tryout in the Spring for the Flags program. The Flag Team also competes against other schools in Saturday competitions during the Winter – Winter Guard members must participate in the fall marching band season.

## **Dynasty – Step Team**

While the roots of step dancing stem from African American culture, this club

is open to all students who want to give this style of rhythmic performance a try. This group performs at homecoming, a DVC Showcase, and some home basketball games.

**Worldwide Youth in Science and Engineering (WYSE):** This club is for students interested in the math, science, computer, and engineering fields. The team will participate in various competitions. Begins in late November.

**JETS:** Junior Engineering Technological Society is a series of aptitude tests in various areas in core areas of Science. Competition is at regional and state levels.

**Science Olympiad:** A team of students will compete in applied science areas. Competitions may include building catapults, designing race cars, launching marshmallows. The team competes at the regional and state level.

**Chess Team:** Chess Club meets one to two times a week for practices and has a regular DVC competitions schedule. Competitions run from December to March and tournaments are governed by IHSA rules. The club is open to members from all four-grade levels.

**Forensics (Speech Team):** Students receive competitive training in public speaking and/or theater acts. The team offers 13 unique and challenging performance opportunities. Practice begins in September and season concludes in February.

**Debate:** Students will participate in the formal debate process. Members will compete in 8 to 10 tournaments

including the state series. The Debate Team is composed of three types of debate: Policy, Lincoln/Douglas and Congressional. The Debate Team begins practicing in October.

**Math Team:** This team fosters interest in the field of Mathematics. It also broadens the background of team members and serves as a social function for each member. The team competes in the DVC conference as well as in the state series. Weekly meetings start in September.

**Scholastic Bowl:** A team of students will compete in the various academic areas against other schools. Scholastic Bowl is similar to the popular show – “Who Wants to be a Millionaire?” The team also competes in the DVC conference and in the IHSA series. All grade levels needed! Practices begin in late September.

