

Naperville Central High School
Springboard Diving Lessons
Summer 2009

Only one session will be held at NCHS this year due to Building Construction and Improvements. It will run 2 weeks, June 8th through June 18th
All classes will be four days a week, Monday through Thursday.

The minimum number of students for each class to be held is 6; the maximum number of students for each class is: 10 for beginner, 16 for intermediate and 20 for the advanced class.

Class A: Advanced Diving. 7:45AM-10:00AM. Previous high school experience or approval from the instructor is required. Fee is \$90.00.

Class B: Intermediate Diving. 10:00AM-11:00AM. Must be able to do a forward and backward approach, forward, backward dive and somersault. Fee is \$36.00.

Class C: Beginner Diving. 11:00AM-11:30AM. Must be able to dive off the side of the pool and not be afraid of deep water or the diving board. Fee is \$28.00.

Class D: Beginner Diving. 11:30AM-12:00PM. Must be able to dive off the side of the swimming pool and not be afraid of deep water or the diving board. Fee is \$28.00.

All checks should be made payable to NCHS Aquatics Account.
All registration will be done through the mail. When a class is full your registration will be returned to you.
Questions please email wsalentine@naperville203.org

The registration form can be filled out on the computer and printed, or printed and filled out by hand. Please complete the form and mail it, with payment to:

Bill Salentine, Aquatics Director
Naperville Central High School
440 W. Aurora Road
Naperville, Il 60540

Naperville Central High School
Springboard Diving
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Participant Name: _____

Address: _____

Age. _____ Emergency contact name _____

Emergency phone number _____

Session 1 June 8th -June 18th

Please indicate by circling which class you are registering for (see above for requirements);

Class A, Advanced

Class B, Intermediate

Class C, Beginner

Class D, Beginner