

Naperville Central Wrestling Practice and Competition Schedule

	Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Nov. 9 3:35-6:00 first practice	10 3:35 practice	11 V:JV1 6:45-7:15 3:35 practice	12 V:JV1 6:45-7:15 3:35 practice	13 3:35 practice	14 <i>{steppers at 10:00}</i> 8:00 – 10:00 practice
November	15	16 3:35 practice	17 V:JV1 6:45-7:15 3:35 practice	18 V:JV1 6:45-7:15 Body Fat Day 3:35 practice	19 V:JV1 6:45-7:15 3:35 practice 5:00 Picture Day	20 4:00 practice 5:00 parent mtg 6:30 Scrimmage	21 9:00 – 11:30 practice
	22	23 3:35 practice	24 3:35 V. practice 6p F. Nap Q (H) 6p JV1, 2 @ NV	25 6:30a JV1, 2, and Fres practice 6p V @ NNHS vs WV, NV	26	27 ALL: 3:35 practice	28 7a JV practice 9a F @ Hins C Tourny 9a V BAT, LT, DGS (H)
	29	30 3:35 practice	DEC. 1 3:35 practice	2 <i>late arrival</i> 3:35 practice	3 3:35 practice <i>{home gymnastics}</i>	4 6:00 All Levels WEST AURORA (H)	5 9a F @ Lyons Tourny 10a V @ W Aurora 9a JV1 @ WWS 9a JV2 @ St. C E Mega Duals
December	6	7 3:35 practice	8 3:35 practice	9 3:35 practice	10 6:00 All Levels @ Wheaton N <i>{home gymnastics}</i>	11 6:00 All Levels @ WWS	12 9a F, JV2 practice 9a JV1 @ Strmwd Trny 9a V @ Hoff Est Tourny
	13	14 3:35 practice	15 1:35 practice <i>FINAL EXAMS**</i>	16 1:35 practice <i>FINAL EXAMS**</i>	17 1:35 practice <i>FINAL EXAMS**</i>	18 4:30 V @ HC 6p JV1, 2, F, G W (H) <i>FINAL EXAMS**</i>	19 9:30a V @ Hins. C Tny 9a JV1 OakF, Jol, BB(H) 9a Soph. @ Maine S Trny 9a F @ Hins S Quad
	20	21 V:JV1 both 8:00-8:45 10:00-12:00	22 V:JV1 both 8:00-8:45 10:00-12:00	23 V:JV1 both 8:00-8:45 10:00-12:00	24	25	26 9a optional practice
	27 1p pract	28 V:JV1 8:00-8:45 ALL10:00-12:00	29 V:JV1 8:00-8:45 ALL10:00-12:00	30 10a V @ Sandburg JV,F10:00-12:00	31 ALL: 10:00 – 12:00	JAN 1 V, JV1: 9:00 – 11:00 {option:JV2, F}	2 9a F, JV2 practice 10a V, JV1 @ Libertyville with Schaumburg
	3	4 3:35 practice	5 3:35 practice	6 3:35 practice	7 6:00 All Levels GLNBRD E (H) <i>{home gymnastics}</i>	8 6:00 All Levels @ Naperville North	9 9:00 – 11:30 V. practice 9a JV1 @ BolingB Inv 9a JV2 NCHS Tourny 9a F @ Hins S Tourny
January	10	11 3:35 practice	12 3:35 V practice	13 <i>late arrival</i> 3:35 practice	14 3:35 practice	15: ½ day V to M-S Inv 5:30 JV1, JV2, F @ Lake Park	16 <i>{home gymnastics}</i> 9:30 V @ Mahomet-Sey 9a JV2 @ Oswego Quad 9a JV1, F practice stage
	17	19: MLK Day 9:00 – 11:30 practice	19 3:35 practice	20 3:35 practice	21 6:00 All Levels @ West Chicago <i>{home gymnastics}</i>	22 6:00 All Levels GLENBARD NORTH (H)	23 8:00 – 10:30 practice 9a F @ Libertyville Quad 10a JV1 @ DVC WWS 10a JV2 @ DVC GE
	24	25 6:45a V practice 3:35 practice	26 6:45a V practice 3:35 practice	27 6:45a V practice 3:35 practice	28 6:45a V practice 3:35 practice	29 3:35 practice	30 10a V @ DVC Wheaton North
February	31	FEB 1 6:45a V practice 3:35 practice	2 6:45a V practice 3:35 practice	3 <i>late arrival</i> 6:45a V practice 3:35 practice	4 6:45a V practice 3:35 practice	5 3:35 practice	6 TBA V @ Regionals
	7	8 6:45a V practice 3:35 practice	9 6:45a V practice 3:35 practice	10 6:45a V practice 3:35 practice	11 3:35 practice	12: ½ day TBA V @ Sect.	13 TBA V @ Sectionals
	14	15 President's Day 3:35 practice	16 3:35 practice	17 3:35 practice	18 3:35 practice	19 TBA V @ State Champaign	20 TBA V @ State Champaign
	21	22 practice TBA	23 TBA V @ Dual Sect.	24 3:35 practice	25 3:35 practice	26 <i>County Inst. Day</i> 3:35 practice	27 TBA V @ Dual State

T^r giving Break

Winter Break

Awards Banquet: Monday, March 1st at 6:30 in NCHS Large Cafeteria